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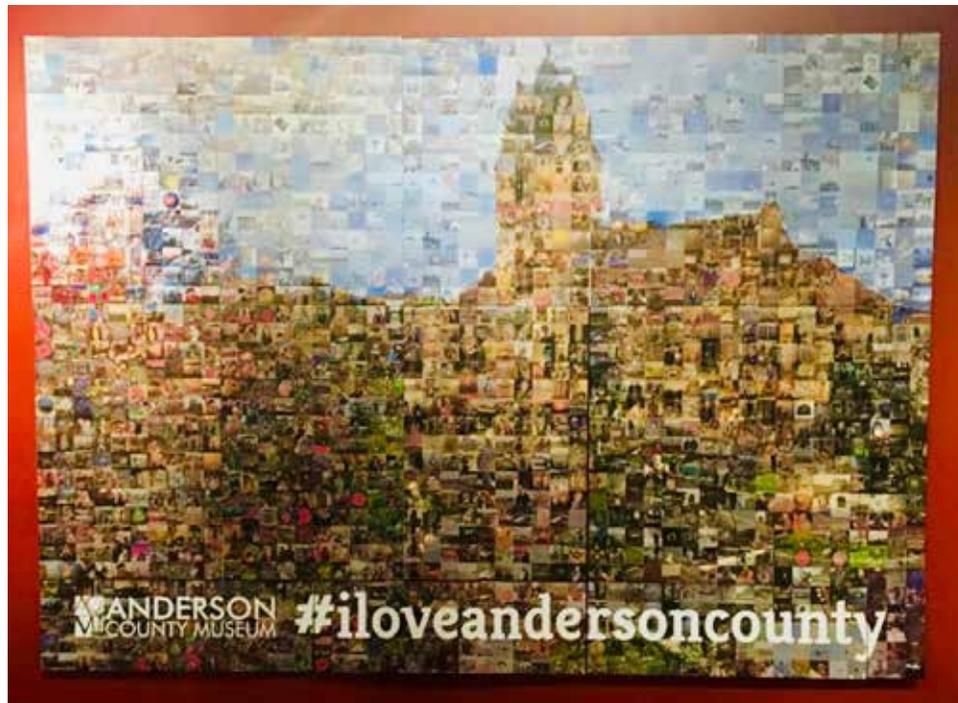
800 people across USA participate in Anderson County Museum Project

By Kay Willis Burns

Mosaic: A piece of art or image made from the assembling of small pieces of different colored glass, stone, paper or other flat materials, often used in the decorative arts.

They say that a picture is worth 1000 words. But the Anderson County Museum's 'hashtag' mosaic of the historic Anderson County Courthouse is worth 1728 words! That's how many photographs it took Miranda Hayes to create the project that she envisioned after seeing a mosaic in Atlanta, Georgia last year. Miranda is the Marketing and Graphic Design Coordinator at the Anderson County Museum. Miranda earned two separate Bachelor degrees from Anderson University: one in art, concentrating in graphic design, and a second one in communications concentrating in public relations and advertising.

In order for the mosaic to reflect a large photo of the historic courthouse as taken from the view of the Bleckley Inn, Miranda used social media to promote the project using the hashtag: #iloveandersoncounty. A hashtag



mosaic is a collage of photos tagged with a common hashtag that are pieced together to create one large photo. In response, participants used social media to respond and send pictures of themselves, their children, animals, scenery, or anything that was meaningful to them for the mosaic. Photos were collected from March 1st through May

30th 2018. Approximately 800 people across the United States participated in the project. The mosaic was on display at the museum from June 2nd through October 3rd. Over the summer, visitors from 45 states and 5 countries visited the museum and saw the mosaic.

SEE MUSEUM ON PAGE 2



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THE KRAMER-YOUNG HOUSE

By Kay Willis Burns

The Kramer- Young House - 504 Boulevard- was built about 1909. Captain and Mrs. B.F Kramer were from Charleston, where Captain Kramer worked as a marine engineer and builder. Captain Kramer designed the house himself, and G.B. Casey was the architect. All the building materials, including the brick, were sent from Charleston. The house has a full basement and was probably the first house in Anderson to have central heat. There was also a cistern in the basement, for storing rain water



to wash clothes. The house has a front and back stairway, and originally had a slate roof. The front door had a beautiful beveled crystal leaded glass...as did the panels on either side of the door. The chandeliers were all original, and there was a 5 ft. x 11 ft. gold leaf mirror placed

on the wall of the left front parlor that was installed when the house was built.

Prior to moving to Anderson, Captain Kramer survived the Charleston earthquake of 1886. He bid on the clean-up of some of the earthquake damage and was part of that massive undertaking.

Another anecdote about Captain Kramer and his wife is that they were riding together in a buggy on the streets of Anderson one day, and while attempting to cross a track at a public crossing, their horse 'balked, the buggy was on the

track of another man....soon to be the 'defendant.' They used every effort to get the horse off the track. But before they succeeded, the car of the defendant ran upon them and injured them and broke their buggy. At that time, the ordinance of the City of Anderson forbade buggies going any faster than twelve miles an hour. Mr. and Mrs. Kramer filed a lawsuit against the Greenville, Spartanburg and Anderson Railway.

A few years later, Dr. J.R. Young, a very prominent surgeon, bought the house in 1919 where he raised eight children.

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CREATING HOME: MIXING METALS

By Amie Speer

For a time in the interior design world, mixing metal finishes was considered a decorating faux pas. Over the past few years, however, the trend of mixing metals has been on the rise. In many of my articles I



Amie Speer

write about mixing it up; design periods, furniture styles, textile

patterns, anything

that will add layers of depth and character to a space. Combining a variety of mixed metals throughout your home is another way to develop a design that looks relaxed, visually interesting and as if the pieces have been collected over time. While this is an easy design to implement when starting from scratch, there are also simple



and effective ways to incorporate this look into your existing space. Below I've listed a few ideas to help get you started.

1. Begin with accessories. Picture frames, candle holders and trays are a great way to add a mix of finishes in a subtle way. Stack an antique brass mirror over a simple black frame, pull out a silver tray or incorporate some brass candlesticks.

2. Update your lighting.

Updating pendants, chandeliers or sconces in a contrasting metal will make a big impact in any room. Or, to get the same result with less expense, change out a few lamps. Incorporating something new like a chrome floor lamp or a modern black table lamp will make a big difference.

3. Change out hardware. Replacing hardware on a piece of furniture or cabinetry is a quick and inexpensive way to

add a contrasting metal. If your bathroom finishes are chrome, try replacing the cabinet handles with something brass. Or if the faucets and appliances in your kitchen are stainless, try complimenting them with oil rubbed bronze handles.

It's important to begin by considering what is existing in your rooms and to coordinate with the colors and finishes that you already have. Choose a few finishes that you like that can be repeated throughout your home. Mixing metals should give an eclectic feel, but also be well composed. Repeating design themes in different rooms helps your house feel well balanced. In the end, have fun and be creative! An unexpected element will always elevate a room and mixing up your finishes is a great place to start.

For more info, visit Amiespeer.com or email amie@amiespeer.com.

Museum

continued from page 1

The museum's exhibit featured the mosaic along with:

- the history of the courthouse
- artifacts that included clock tower numbers from the courthouse
- an interactive map for visitors to pinpoint where they were from
- a 'signature wall' and
- interactive activities for kids.

The goal of the exhibit was to grow the online brand awareness of the museum in the community.

"We continue to think outside the box to be inclusive of all our age groups

and to get them to visit the museum," said Beverly Childs, Anderson County Museum Director. "This exhibit was another way to get a younger audience involved by using hashtags and their photographs. Right now, we also have a Manse Jolly Escape Room that all age groups are enjoying."

For 2018, the museum saw a 44% increase in visitation, a 26% increase in social media presence with a 92% increase in 'engagement rate' and a 126% increase in website traffic.

Overall, museum staff say the campaign has been a great success.

The mosaic is currently displayed at the Anderson County Library and will be there through the month of December.



Ralph Hayes

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YOUR DENTIST CAN SAVE YOUR LIFE

How to have a healthy holiday: Keep it simple!

By Dr. Gabrielle Cannick

Here we go again. The holidays are upon us. We're all busy making preparations for a big family celebration. But along with the good, there is that downside. If you're like me, in the back of your mind you are thinking, "How am I going to enjoy the holiday — without adding pounds?" After all, who wants to start off the new year feeling guilty and out of sorts.

What to do?

For starters, let's not make food our enemy. Instead, let's play what I like to call "dietary defense". So, to maximize holiday enjoyment and minimize the effects I have put together for myself — and for you too if you wish join with me — a checklist (with a little help from the experts) that will enable me to enjoy myself but not over-do it:

1. Shop smart for food.

Buy healthy ingredients — vegetables, whole grains, beans, and fruit — that will make it easier to prepare extra-healthy meals to help offset cookies or that slice of pumpkin pie.

2. Anticipate food gifts.

You don't have to eat all the gift cookies, breads, and chocolates. Freeze them and eat sparingly over time.



Dr. Gabrielle F. Cannick

3. Make breakfast work for you.

Skipping breakfast in advance of the big dinner ahead can backfire. We tend to overeat later. Eat breakfast light — oatmeal, yogurt, and fruit. Do not come to dinner starving!

4. Start with a glass of water.

Did you know our brain has trouble distinguishing thirst from hunger? Sip a glass of water before you have a cocktail or eat anything. If you do drink alcohol, try this: Mix half red or white wine and half seltzer or club soda in a glass. Add a slice of lime and you have a festive drink with half the calories and alcohol.

5. Be smart about appetizers.

Here's where you can keep excess calories in check. Go for items like shrimp cocktail, vegetable-stuffed mushrooms, or nuts, hummus and veggies.

6. Survey the buffet.

Many holiday meals are served buffet style, so you think "I'll have a little taste of everything." Research shows when we are exposed to too many flavors in a meal, we don't feel as full as quickly. So, we eat more. Try choosing just two or three favorites.

7. Eat veggies first.

Fill up on foods packed with vitamins and minerals and fewer calories, leaving less room for less unhealthy stuff.

8. Keep moving.

Try walking between dinner and dessert. Your mood will improve, and your jeans will get looser! But above all be happy and safe. We are here for you. If you have questions, please contact us. Think of us as your hometown resource for guidance and support.

Dr. Gabrielle F. Cannick is the owner of Grand Oaks Dental, located at 3905 Liberty Highway in Anderson. A strong believer that dental fear and anxiety should not prevent any patient from receiving the highest quality dental care, Dr. Cannick has received extensive training in Sedation Dentistry and is a certified member of the Dental Organization for Conscious Sedation. She is also a member of the South Carolina Dental Association, the American Dental Association, the Academy of General Dentistry, and the American Academy of Dental Sleep Medicine.

For more information about Grand Oaks Dental and the services provided, please call 864-224-0809, or click to grandoaksdental.com or visit us on Facebook at <https://www.facebook.com/GrandOaksDental>.

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KEEPING SECRETS

By Mary-Catherine McClain Riner PhD, Ed.S., M.S.



MARY-CATHERINE McCLAIN RINER

Couples and individuals often struggle to understand and define the difference between secrecy and privacy; one partner believes he/she is entitled to privacy (the state of being alone) while the other feels betrayed and views the behavior as secrecy (active state of intentionally keeping information from one or more people).

Another way to think about the difference is asking yourself "if the person I am keeping this information from knew the full truth, would he/she be upset or angry?"

Research shows that 92% of individuals rate honesty as a critical factor for being in a healthy and happy relationship. However, 35% of individuals report keeping secrets in their respective relationships. While keeping secrets may be used to avoid getting hurt or rejected, secrecy also has consequences. The main concern with secrecy is the reduction of trust in intimate relationships. Additionally, hiding information often leads to feelings of shame and inadequacy.

The first step in understanding your

intentions is taking an inventory of the secrets you may be holding. Be honest with yourself — what are you hiding and what is the reason/function? Second, ask yourself how sharing certain information and not omitting information can lead to vulnerability and a closer relationship. It takes significant courage to express yourself and let go of past secrets/wounds (e.g., being fired; finances; previous marriage). If a secret is caught, consider how difficult it would be for the partner not to believe that there are additional secrets or that hiding continues to be a pattern displayed in the future — which would take a significant toll on the relationship. Remember, sharing is healthy for you and also for a healthy relationship.

Contact the author at www.rinercounseling.com, drmarycatherine@rinercounseling.com or 864-608-0446.

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Managing holiday stress for your well-being

By Lee Boggs

The holidays are happy and merry for many of us. Goodness and joy are deeply felt as we share greetings and best wishes with family and friends during festive celebrations. Reflecting on the past year's accomplishments and looking forward to the New Year's possibilities fill us with optimism, encouragement and hope.

While holiday cheer is true for some, it isn't for all.

The holiday season is packed with celebrations, shopping, parties, cooking, deadlines, bills and other responsibilities that can compound stress levels. Commitments, expectations and increased attention on family, work and money — as well as being without — can create anxiety and magnify feelings of sadness, loneliness and hopelessness.

Unmanaged stress contributes to chronic health problems such as depression, high blood pressure and obesity, according to Dr. Joseph McElwee with the AnMed Health Family Medicine Center and Residency Program. Whether the stress comes from being overwhelmed or being alone, he said the key is to know how to deal with it in a way that is good for you.

"Considering that the holiday season extends over several months, it's especially important to recognize stress triggers and prepare coping measures in advance to better handle emotional issues," he said. "The first thing to do is recognize that you are not alone; many people deal with this. Then, take steps to remove or lessen the stressors."

Talk

When you have negative feelings, it helps to simply talk with someone. Saying your feelings out loud can act as a pressure release. You may discover through conversation that the other person has similar feelings, too. That creates a common bond and feeling of belonging, and both can reduce stress.

Exercise

Participate in some form of physical activity. Moving outdoors in the crisp, fall weather provides you with the opportunity to stretch your body, engage your senses and stimulate your mind. Donating your time to charity is another way to be active. Helping others is mutually beneficial. Not only do they receive help, but you can get a positive mental boost from it as well.



Joseph M. McElwee, M.D.
AnMed Health Family Medicine Center
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Rest

Get at least eight hours of sleep so you're energetic when you get out of bed. If you need a nap later, take it. A 15-minute nap can significantly recharge your enthusiasm. Primarily, don't exhaust yourself trying to do everything. A rested mind and body can reenergize you.

Take care of you

While you may feel responsible for pleasing everyone, remember to take time for yourself. Set aside specific times of the day where you can get away by yourself to relax and rejuvenate. Plan to take a walk with a friend or a drive with a pet.

"These are just a few steps that you can take for managing holiday stress in a healthy and positive manner," Dr. McElwee said. "Your well-being is of utmost importance, so if you need additional help, please contact a professional."

For more information about managing holiday stress, please contact your primary care provider. If you need a primary care provider, please call AnMed Health WellnessConnect at 864-512-3748 or visit www.anmedhealth.org/find-a-physician.

Eat, but not too much

Don't avoid food to the point that you feel like you're missing out. As always, choose nutritious, low-calorie foods and keep everything in moderation. Over indulging on junk food can worsen your mood.

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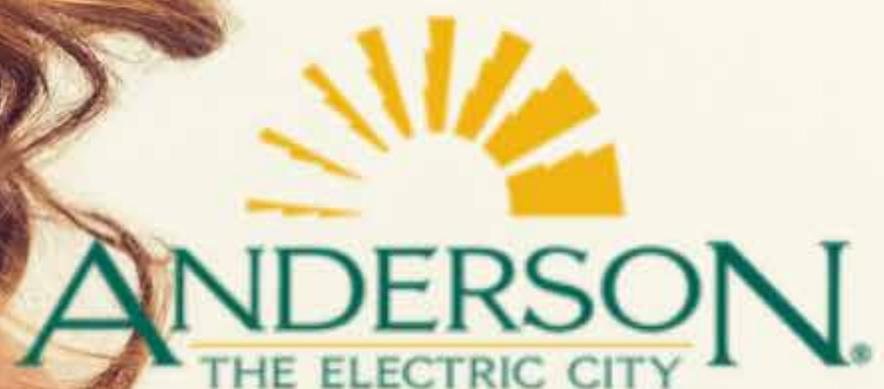
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THE GARDEN SHOP

Not following the light

A project this winter, and in the next few seasons, is planting more evergreens and babying them so they will grow quickly.

For 16 years, I've had the soothing contentment of looking out the kitchen window and seeing only pasture. Only one house could be seen in any direction. Now I look straight at another house. This Garden Shop article may show my need to visit with The Electric City News' Dr. Riner for a mental consultation. My husband often quotes someone who said, "Now that I'm in, close the gate and don't let anyone else in."

What actually drives me crazy about the new view is their love of outdoor lighting. As I say, "They're afraid of the dark." Almost every night the front porch light, side porch light, lights on each side of the



SUSAN TEMPLE
master gardener

garage, and sometimes the flood lights, are on. Oh for the love of darkness!

Last year I ordered six incense cedar tree seedlings, and one about 3 feet tall, from a nursery in Fresno County, California. I learned of incense cedar (*Calocedrus decurrens*) when researching historical trees for the state garden club project. There was one growing at the former Evergreen Inn on South Main Street. This home was built circa 1835 by Samuel G. Earle and named Evergreen. The tree was identified by A.C. Moore Herbarium at USC. I feel in love with that tree. A



Incense cedar tree seedling

picture from a 1940s survey showed one on each side of the porch. The one left was leaning quite a bit and has since been cut down.

The bigger incense cedar, planted last winter, didn't make it through its first summer but the seedlings have grown great and are just about as big



An incense cedar tree growing at the former Evergreen Inn on South Main Street.

as it was. This is often the case with trees. Bigger is not better. Smaller trees will establish faster thus start growing sooner. No tree is going to grow until it is established. Three seedlings have been planted to block the new lovers of lighting up the dark. After all the plants have lost their leaves, I'll put the other three seedlings to block those gaps. Incense cedars are not necessarily fast growing trees. Plain ol' cedar trees, along with a Carolina Sapphire (*Cupressus arizonica*), are though. These will

help block until the baby incense cedars grow into stately trees.

I don't normally fertilize in the fall. However, a recent newsletter changed my thought on this, for these particular trees anyway. It said in November put half a cup of organic fertilizer per foot of height for fantastic spring results. I got good results from a bag of mushroom compost leftover in a wheelbarrow. Rainwater and the compost made for great compost tea. After a rain, I poured the water on a few different camellias. They loved it.

I hope the new neighbors don't plant any trees. He runs a leaf blower but has no leaves. Noise pollution too? Is the doctor in?

Contact Master Gardener Susan Temple at gardningirl@yahoo.com.



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BELTON-HONEA PATH BEARS



By Dan Lacobie

Friday, November 9th saw Westwood High School out of Richland county playing the BHP Bears in the first round of the playoffs. Things didn't work out as well as the Bears would have liked them to.

Westwood beat Belton-Honea Path by a score of 20 - 3.

While the Bears are out of the playoffs, they can look back on a great season. BHP finishes the year with an 8 win and 3 loss season.

Going into halftime Westwood had a lead of 6 - 3. The 3rd quarter saw Westwood score 2 touchdowns to bring the game to the final score of 20 - 3.

BHP had 19 rushing attempts for a total of 76 yards of the night. #1 Xavier Nance had 1 rush for a total of 44 yards, while #25 R.J. Ellis provided 12 rushes for 25 yards and #20 Jeremiah Johnson added 3 rushes for 16 yards.

#18 Cameron Bratcher completed 10 passes on 22 attempts for 81 yards, but had 3 interceptions.

#18 Avery Reece caught 1 pass for 36 yards while #3 Nance had 4 receptions adding 34 yards total. #2 Ben Wilson, #4 Jacob Howard and #25 Ellis all added catches adding 8 yards to the reception totals.

#2 Ben Wilson had the only score for the bears with a 25 yard field goal in the 2nd quarter.

BHP and Westwood tied on the total of penalties for the game with 9 each, Westwood having more yards penalized with 112 yards.

#18 Bratcher finished the season with 2,032 yards passing and #3 Xavier Nance finished the season with a team leading 718 yards worth of receptions. #4 Jacob Howard finished in 2nd place with 488 yards.

R.J. Ellis, #25 led the team in rushing this year with a fine total of 881 yards on the season. #5 Jaquez Dixon finished the season in 2nd place rushing 582 yards for the Bears.

#6 Joseph Sloan IV led the Bears in tackles with 75 tackles followed by quarterback sack leader #65 Tysheik Galloway's 5 sacks leading all defenders.

The Electric City News would like to congratulate the Belton-Honea Path Bears on a great 2018 season and wish them well for the 2019 season.

**ANDERSON
SCHOOL
DISTRICT 2**

PENDLETON BULLDOGS



By Dan Lacobie

After a very soggy Friday night, the Pendleton Bulldogs played their first playoff game against Fairfield Central. The Bulldogs showed up in a very good way defeating Fairfield Central 20 - 14 to advance to the 2nd round of the South Carolina High School playoffs.

It was a slow start to the game on both sides of the ball with a halftime score of 0 - 0. In the 3rd quarter quarterback Jamal Blakley #7 tossed a 64 yard pass to Zaine Green #1 for a touchdown but the point after was no good.

Fairfield Central scored next on a 2 yard run to make the score 6 - 7 Fairfield. In the 4th quarter Fairfield Central scored again for a 6 - 14 edge on the Bulldogs. Later on in the 4th quarter Pendleton's Blakley tossed a 24 yard pass for a touchdown and the dogs added a 2 point conversion to tie the game at 14 all.

To finish up the scoring Jason Wright-Mann pulled in a 39 yard pass from Blakley for a score with the extra point being no good. In the ball game quarterback Jamal Blakley had 238 yards of passing completing 17 of 27 passes.

While Pendleton's rushing attack was not much of a factor in the game, their passing and receiving filled the gaps led by #1 Green with 5 catches and 85 yards. Also #4 Wright-Mann had 5 catches worth 59 yards of his own. With #2 Sidney Mattison and #15 Payton Bunch catching 41 yards and 9 yards respectively they provided the offense the dogs needed to win the game.

Defensively for Pendleton the always reliable Tanner Stuetgen was the leading tackler for the Bulldogs with 9 tackles and 5 assists. Stuetgen has been the strong hold for Pendleton this season on the defensive side of the ball. With #6 Tamyus Davis leading the team interceptions this season the Bulldogs sure look good to take a win in the 2nd round of the playoffs.

Anderson
School District **4**

Great holiday party tips

By Kristine March

It's the time of the season. Invitations for the social soirees and family celebrations are coming in bulk in your mailbox. Most of us are also hosting an event, so here are some fun pointers on how to have the party of the year that your family and friends won't forget.

For starters, don't stress. It's going to get messy. If you're afraid a dish or glass will get broken, you might as well give your "hosting jacket" to someone else. A party should be as relaxed as possible and your guests will get a bad vibe if the host or hostess is perturbed or frantic.

A great party doesn't have to be complicated to be glamorous. You can even cheat a little. Where I'm from, we have a type of gourmet valet. Order something from a fabulous restaurant and serve it in your most beautiful bowls and on your lovely china. This especially works well if you're in a crunch for time. Pies are always easy for dessert. My grandmother always made a chocolate pudding one with whipped cream and graham cracker crust. Chill it and bam. It takes 5 minutes to prepare.

You can even add edible flowers to make it more elegant. Have a signature cocktail. I'm a champagne cocktail kind of girl. Those are so easy to make and are super chic and pretty. Add some berries or pomegranate for color. Martinis are fun too. Stuff some olives with blue cheese that morning and pop them in your fridge. Buy some funky little stirrers to place in the martini glass.



Kristine March

The men love beer, so buy a small keg and put it on your deck. It will be a great place for them to gather and talk shop.

Music is the key for a great party. Make a playlist earlier that week. Really think about it. Go from every genre and pick the most amazing songs. Your crew will be dancing in no time. Have a theme. If it's a New Years Eve party, make it a disco theme. Have everyone come dressed in their best boogie down attire.

Ditch the gift and goodie bags. Get a Polaroid camera and set up a photo booth station. Put a cute tapestry up with lights and some cute props. Hats, sunglasses, and funny mustaches so people can have a keepsake to take home with them. If it's a kid friendly party set up a hot chocolate station on a kids' table close by. Fill up a crockpot with hot cocoa and put marshmallows and other fun things around it. Have board games and a bubble machine.

For the adults, have Cards Against Humanity. Laugh your troubles away. Soak it all in. Celebrate your friends and family this holiday season. Make it a party they won't forget and you will have fun too. Life is short, so make it cheerful and don't be stuffy. I hope you dance the night away, have long conversations and hug each other tightly. Happy party time y'all.

AUTHOR SPOTLIGHT

ROBERT MUNSCH

By Katie Laughridge

"I'll like you forever, I'll love you for always. As long as I'm living, my baby you'll be." Does this quote sound familiar? Mothers, fathers, and caregivers in America — and all around the world — have been reading this classic story to their children since 1986. "Love You Forever" is just one of many wonderful books this remarkable author has written for families and children everywhere to enjoy.

Did you know that Robert Munsch began his career as a student teacher, telling stories to children at a daycare center? The students enjoyed his stories so much that he began telling the same stories repeatedly, changing them a little each time until each one became just right. The children loved how loud and animated Munsch acted as he told his stories, so this became part of his routine as well. Gradually, as each story evolved into its own unique creation, Munsch would then write each one down and forward them to his publisher.

Today, more than 50 of his books have been published and are nearly all based on the true-life experiences of actual children that Munsch has encountered while traveling and on tours. Sometimes, as in "Finding Christmas" and "Pajama Day!", he even bases his characters on members of his own family. As each new publication is published, Munsch always includes a dedication to the kid or kids that the story is based on. The books written and published by Robert Munsch have been translated into over twenty languages—ranging from Arabic to Swedish! Robert has also received many awards for his work as an author and storyteller.



Katie Laughridge

Fun Facts about Robert Munsch:

- It takes him about two years to write a good story.
 - He didn't know how to form all letters correctly in the second grade!
 - He became a writer so that children around the world could experience his stories, even if he wasn't actively telling them.
 - If he told a story that wasn't funny, he stopped telling it.
 - His first book was "Mud Puddle."
 - He lives in Canada and has eight brothers and sisters.
 - He loves to get letters from kids who enjoy his books! He gets over 10,000 letters a year in the mail!
- Go to your favorite local bookstore or library and check out some of Munsch's books for the children in your life.
- "Love You Forever"
 - "Stephanie's Ponytail"
 - "Smelly Socks"
 - "Andrew's Loose Tooth"
 - "Alligator Baby"
 - "The Paper Bag Princess"
 - "Thomas's Snowsuit"
 - "I'm So Embarrassed!"
 - "Show and Tell"
- Robert Munsch is one of my favorite authors, and his books always make children laugh. I love his originality and sense of humor and look forward to sharing his creative stories with my daughters for many years to come.

Who am I: A two part series

By Mary Haley Thompson

The majority of my childhood was spent behind my mother's skirt. I was painfully shy. Human interaction felt like diving into freezing cold water; unable to adjust to the temperatures that felt like needles penetrating my body from all angles. I would swim around with clambering teeth, choked for words and gasping for air.

Fast forward to my final days as a 7th grader at McCants Middle School. I always dreaded the last week of classes as they consisted of end of year parties and extra time to socialize with classmates. Pretending to fit in, I found an open seat in a gossip circle with the popular girls. Trying to avoid interaction at all cost, one girl caught my eye and said



Mary Haley Thompson

"Mary Haley, are you a mute?"

My heart sank and tears glazed over my eyes ready to stream down my beat red face. I wish I remembered what I said next, but that following minute,

hour and day was a total blur.

I remember many nights crying myself to sleep. I wondered what was wrong with me. I wanted to escape from the little girl that hid behind her mother's skirt. I wanted to leave her deep in the woods, in the middle of nowhere never to be found.

One day I woke up on a pillow that

was wet from tears. I was tired of crying and tired of being bullied by my own thoughts; I was ready for change.

That summer I practiced talking. I studied conversation starters and funny jokes to share with friends. I made a list of goals for my 8th grade year; become a cheerleader, join a club, host slumber parties and attend all of the middle school dances.

I accomplished those goals and so much more. My once dusting of self-confidence was a snowball effect that manifested into the Mary Haley I wanted to be.

Talking became natural and making friends became easy. Saying "yes", joining clubs, volunteering, hosting parties and being center of attention was now instinct and second nature.

The next 15 years of my life consisted of that same momentum that started in the 8th grade. I never stopped saying "yes", joining clubs, volunteering, hosting parties and being center of attention.

It wasn't until 2017 that I looked into the mirror at a reflection that was unrecognizable. For the first time in 15 years, I could not find the little girl I left deep in the woods, in the middle of nowhere never to be found.

I finally accomplished the goal I set the morning I woke up on a pillow that was wet from tears.

Join me next week as I describe this last year of my life. A message I hope will reach someone who also left themselves deep in the woods, in the middle of nowhere never to be found.

MUSINGS OF AN OLE BALL COACH

AN ETHERAL EXPERIENCE

Have you ever been hit with the realization that you might be having an almost surreal out of body experience? I think I just had two, but you be the judge.

I've written about Herman Boseman before. How he had only coached at Hanna for a year on a team that played in the State Championship, and was in an almost decade long battle with cancer. He lost that battle with cancer and the world lost a sterling fellow. He was 72.

I was in the receiving line at Johnson Funeral Home to offer my condolences to Herman's family. The line moved forward for several minutes as I chatted and renewed acquaintances with



JIM FRASER

former Hanna students. Abruptly, the line entered and stopped at the Chapel. I hesitantly entered a fully seated Chapel that appeared to be waiting for a ceremony. I clumsily sat down in a front row pew that was offered to me. I asked, "Where's Sally?" Sally was Herman's wife, which made her special to me, but she was also a client, having purchased some tax sheltered annuities from me. She was pointed out to me on the other front row pew. Against my

better judgement, I awkwardly, cane in hand, started across to see her. Be aware now, that this was before a packed assemblage sedately waiting for a ceremony to begin. Between my destination and me loomed Herman's catafalque. A power impressed upon me that I was not going to pass up one last encounter with an associate that had meant so much to me during the innumerable practices, play calling, scheming, and congratulating each other during that 1979 autumn football season.

I was inexorably pulled to his casket, and looking down at the earthly remains on a guy I respected and had shared so much

with, I clenched my fist over his folded lifeless hands. I gave a fist pump and blurted out in a clearly audible voice, "This guy could really coach." The power that was fueling me was determined that in addition to all of Herman Boseman's many accomplishments, they did not want this one to go unnoticed.

Sally arose from her seat and came toward me and only said, "Jim Fraser." I embraced her and said again, "He could really coach. I'm sorry, I'll see you later." Haltingly I returned to my seat. Almost simultaneously, as if a command was given, 35 or so of Herman's honorary fraternity filed into the Chapel and around

Herman's bier. All were dressed in dark suits and white gloves, with somber countenances. Thankfully, none gave me a disapproving scowl.

After a moving and dignified service of singing and reading of ritual by the fraternity, the service and visitation was over. I unobtrusively made my way to the exit and into the descending darkness. "Did I play the fool?" I pondered. "Or was I just being used to declare a truth that needed saying or maybe it was that Halloween was just 4 days away."

Jim Fraser was the athletic director and head football coach at T.L. Hanna High School from 1968-1985.

The end is near. Make sure you don't miss it

By Kim von Keller

The following is a true story: On Monday, October 29, I entered my community grocery store to buy a bag of coffee and a carton of milk, or, as I like to call the combination, Mama's Medicine. In the front of the store, there was a display case that is always filled with seasonal merchandise. So imagine my surprise when I saw a store clerk removing all the Halloween candy and putting it into large plastic bins. I went into a panic. Had all the Halloween candy been recalled? Did all the Halloween candy contain salmonella or listeria or razor blades or LSD or any of the things my mother had warned me could be found in Halloween candy?

Nope. The clerk was taking it down to make room for the Christmas candy, and it was two days before Halloween. If you don't believe me, ask my friends. Not that

they were there, mind you, but they've had to listen to me gripe about this FOR THE LAST TWO WEEKS!

It's actually pretty common, this cutting short of things. By midday on Thanksgiving, many people will have left the table for the Christmas sales. Before we've rung in the New Year, we'll be buying Valentine's candy. And it's not just the holidays. How many times have you been to a public event that has been touted for weeks, only to see people leave before its conclusion? Maybe they're leaving the parking lot a little more quickly, but the potential to miss something is huge. Think about this: If you left the Boston College-University of Miami football game of 1984 to avoid traffic, you missed the Eagles' Doug Flutie throwing what has become known as "The Pass" to win the game. If you left Bruce Springsteen's 2012 London concert early, you missed



Kim von Keller

the finale with surprise guest Paul McCartney. And not to give anything away, but if you have tickets to see "Hamilton" in Greenville and you leave before finding out what happens to Eliza in the last number, then you've wasted your \$500.

Growing up, my family celebrated a lovely Christmas, but all traces of it were gone by New Year's Eve. For a few years, I practiced that schedule as an adult, but the runup to the big day was so stressful that I sometimes felt like I had missed it. It wasn't until I decided to celebrate all 12 days of Christmas, from December 25 until January 6, that I discovered The Holiday Sweet Spot, that golden time where you

can enjoy the tree and "It's A Wonderful Life" and presents and cookies without the decorating, shopping, wrapping, and cooking. During those 12 days of the year, my husband, my daughter, and I spend more time talking, relaxing, and just being than we do the remaining 353.

In the Christian faith, that 12th day of Christmas is called Epiphany, and it recognizes the discovery of the Christ Child by the Magi. Thus, the word *epiphany* is been used to mean an illuminating discovery, the sudden understanding of a thing's nature; a lightbulb moment, if you will. When we rush through the joyous occasions of life and cut them short, we run the risk of missing an epiphany. And that would be nothing to celebrate.

Kim von Keller is a closed caption editor whose interests include literary fiction and global politics.

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Freddie Stowers: Remembering a Hero

By Kay Willis Burns

In 1991, Corporal Freddie Stowers — a native of nearby Sandy Springs in Anderson County — was posthumously awarded the nation's highest military honor by President George H.W. Bush for his heroism in World War I:

"The President of the United States of America, in the name of Congress, takes pride in presenting the Medal of Honor (posthumously) to Corporal Freddie Stowers, United States Army, for exceptional heroism on September 28, 1918, while serving as a squad leader in Company C, 371st Infantry Regiment, 93d Infantry Division. Corporal Stowers' company was the lead company during the attack on Hill 188, Champagne Marne Sector, France, during World War I.

A few minutes after the attack began, the enemy ceased firing and began climbing up onto the parapets of the trenches, holding up their arms as if wishing to surrender. The enemy's actions caused the American forces to cease-fire and to come out into the open.

As the company started forward and



Above: A statue of Corporal Freddie Stowers. At right: Stowers' family gathers to honor his heroism while serving in WWI.

when within about 100 meters of the trench line, the enemy jumped back into their trenches and greeted Corporal Stowers' company with interlocking bands of machine gun fire and mortar fire causing well over 50 percent casualties.

Faced with incredible enemy resistance, Corporal Stowers took charge, setting such a courageous example of personal bravery and leadership that he inspired his men to follow him in the attack. With extraordinary heroism and complete



disregard of personal danger under devastating fire, he crawled forward leading his squad toward an enemy machine gun nest, which was causing heavy casualties to his company.

After fierce fighting, the machine gun position was destroyed and the enemy soldiers were killed. Displaying great courage and intrepidity, Corporal Stowers continued to press the attack against a determined enemy. While crawling forward and urging his men to continue the attack on a second trench line, he was gravely wounded by machine gun fire.

Although Corporal Stowers was mortally wounded, he pressed forward,

urging on the members of his squad, until he died. Inspired by the heroism and display of bravery of Corporal Stowers, his company continued the attack against incredible odds, contributing to the capture of Hill 188 and causing heavy enemy casualties.

Corporal Stowers' conspicuous gallantry, extraordinary heroism and supreme devotion to his men were well above and beyond the call of duty, follow the finest traditions of military service and reflect the utmost credit on him and the United States Army."

On September 28, 2018 — the 100th anniversary of the death of Corporal Freddie Stowers — family, friends, and community leaders came together in Sandy Springs to remember their favorite son. In attendance were Brigadier General Beagle of Ft. Jackson, Producer Roy Gragg of "Men of Honor: Freddie Stowers & Alvin York," and the Clemson University Pershing Rifles, which fired a 21-gun salute.

Corporal Stowers was the first African American soldier to be honored with the nation's highest citation for valor in WWI.

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Staff at Westside High School gives back

By Ginny Fretwell

Those who teach often barely have time to make sure their shoes match when getting dressed before school. Once they're at school, the challenge is even greater. As a former teacher, the recollection is that there was a power beyond logic that kept you going.

There are teachers at Westside High School who have tapped into that power. Somewhere in between the multiple duties of these teachers, they have created an in-house charitable organization. Sufficient clothing and food for some students are in short supply. To summarize Maslow's hierarchy of needs: before a child can perform academically, their physical needs must be met. These needs include nourishment, proper covering and a sense of safety. In recognition of this premise, members of the staff have started a clothes and a food pantry on the campus of Westside High.

Charles Paul, head of school security; Jeannine Bailey, the school nurse; Adam Comstock, associate principal; Adam Holland, AVID teacher; and Garrett Thomason, freshman academy director, all took the time to explain the needs of



AVID teacher Adam Holland organizes donations to the clothes closet.

the students and how they have created solutions.

Charles Paul led a tour to the 200 building at the school where a small office had been turned into a clothes closet. Adam Holland and his students took several donations a few weeks ago and organized the closet. Time spent working on this project counts as community service hours for the students. Someone

donated clothes racks. Students assembled the racks and sorted the items with girls' clothes on one side, boys' clothes on the other, and all clothes organized by size. The coats and sweaters were separated into individual areas. Ties, belts and shoes were tagged and organized. In labeled drawers, underwear, socks, and bras are kept. New packages of these personal garments are also



A teachers' workroom doubles as a food pantry.

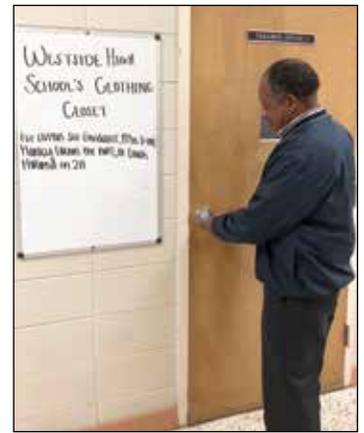
MAKE A DIFFERENCE

To make donations to either pantry, please contact one of these staff members.
adamcomstock@anderson5.net
garrettthomason@anderson5.net
adamholland@anderson5.net

stored by size.

When a teacher recognizes a need among one of their students, he or she notifies Mr. Holland or Mr. Comstock to set up a convenient time to bring the student to the closet. There are female teachers across the hall to assist the girls and male teachers to assist the boys.

Capt. Paul also led the group to a teachers' workroom down the hall that doubles as a food pantry. If there are students' families that need assistance, they can let an adult at the



Capt. Charles Paul opens the clothing closet at Westside High.

school know. After assessing the situation, the teachers who run the pantry will determine the number of family members in need and the length of time they will need immediate assistance. Once they prepare a box of food supplies from the available donations, a time is arranged for the food to be picked up by the family after school.

The food pantry is also organized and items are labeled. Teachers have had to relocate textbooks and supplies in order to use the shelves for food. They have recently begun to collect paper products as well.

Several students have already been helped in just the few short weeks that the clothes closet and food pantry have been open.

WHERE'S THE E?



Margaret Herndon and Evelyn Farr took The Electric City News to these steps in Odessa, Ukraine, in July. There are 192 steps in all!

Flashing Red: World AIDS Day reception features art show and sale

An event to commemorate World AIDS Day will be held on Saturday, December 1 from 4-7 p.m. at Indigo Flow Studio in Greenville's West Village. There will be marvelous art, lovely food and drink and an evening with fabulous people.

This free event will feature the area's first World AIDS Day Art Show and Sale hosted by AID Upstate. More than 25 artists from the region and beyond will show and sell their original work, created especially for this occasion. The sale of the art will benefit AID Upstate, a non-profit organization dedicated to the prevention, care, and treatment of HIV in Anderson, Greenville, Pickens and Oconee counties.

Art collectors (connoisseurs and neophytes alike) will be treated to the opportunity to view and purchase art from this distinctly-themed show. Long-time professionals and emerging artists grace the lineup of contributors including some familiar names (even some celebrities). Work will include watercolor, oil, mixed media, photography, sculpture and pottery.

Featured artists from the Anderson area will include familiar names such as Joanne Anderson,

Barbara Ervin, Scott Foster, Diann Simms, Joe Merck and Joshua Davis. Anderson's own art world veteran and elite curator Kimberly Spears will direct the presentation of the installation.

If you are a long-time patron of the arts or just looking for a way to learn more and show your support, we invite you to join us for this special evening.

The reception will include remarks from Deb Richardson-Moore, author and pastor of the Triune Mercy Center, and Anderson resident Clark Nesbitt, actor and former president of the AID Upstate Board. Also, Anderson author Beth Batson will debut and sign copies of her new theatrical fiction work, "I AM NOT THIS PERSON: Monologues from a Plague," with proceeds going to benefit AID Upstate.

This drop-in style event is timed for early evening so that you can still make it to a holiday party or dinner on the town (though you probably won't be hungry since the food is going to be amazing and plentiful.) Enjoy the chance to mingle as you sip beer, wine and a selection of non-alcoholic beverages.

For more information, visit www.aidupstate.org.

VIEW FROM THE STANDS

By Dan Lacobie

Well guys another week of football has come and gone. It won't be long until the college football playoffs will be here and once again we will crown another national champion. Will it be your team?

Looking at week 12 things are pretty much the same as they have been the last few weeks. Alabama holds on to the number one spot with a win over Mississippi State. Number two is the Clemson Tigers, number three Notre Dame's Fighting Irish, number four Michigan Wolverines and number five the Georgia Bulldogs.

With their win on Nov. 10 over Boston College the Clemson Tigers are the Atlantic Division Champions and put themselves in the ACC Championship for the fourth consecutive year. With only two games left the Tigers look to have an undefeated season, their first since their championship in 1981.

Speaking of championship runs, Alabama secured its place in the SEC championship in Atlanta. They will face the defending SEC champion Georgia Bulldogs, ranked at #5 in all polls, who captured their second straight trip to Atlanta the previous week after a huge win against previously 12th ranked Kentucky. Georgia had another very good win against the Auburn Tigers in the south's oldest rivalry game on Saturday



Dan Lacobie

November 10th winning 27 - 10.

The University of South Carolina faced the University of Florida in the "swamp" on November 10th. After a hard fought victory against Ole Miss the previous week, Carolina saw itself with a good lead over the Gators until the fourth quarter when the Gators came roaring back to win the game in the last few minutes. Carolina now faces University of Chattanooga before the traditional end of season matchup against cross state rival Clemson.

The Carolina Panthers are in second place in their division at this point of the season. The Panthers last game on November 8th against the Pittsburgh Steelers didn't go exactly as Cam Newton and the Panthers had hoped it would. The Steelers won the game by a score of 52 - 21. The loss left the Panthers with a 6 - 3 record.

The Atlanta Falcons are just behind the Panthers in the NFC south division with a record of 4 - 5 so far. The Falcons most recent game against the Cleveland Browns probably left a bad taste in their mouths when the Browns beat the Falcons 28 - 16. The Browns, 3 - 6 - 1 were led by former Georgia Bulldog Nick Chubb.

Fall for Asheville on a day trip

Although Anderson has plenty of, historical sights, shopping and quaint coffee shops, it's always nice to pack up and take a day trip to somewhere special. If for nothing else, it's a great opportunity to clear the cobwebs out of your head and gain new perspective on things. One of the best places to do this is Asheville, North Carolina.

Asheville is just a short 90 minute drive through the mountains of North Carolina. It was established in 1883 and has grown from a small pioneering town into a growing metropolis that is known for its love of the arts and passion for the great outdoors. It is nestled in the Blue Ridge Mountains of Buncombe County and has a wonderful mid-climate year around. It is one of the Southeast's most popular destinations and has just about anything you could possibly want. Fine dining, farm to table dining, boutiques, nightlife and quaint side streets are just the beginning of this adorable town. Downtown is a quiet yet popular area that caters to visitors of all ages. It's a mecca of storefronts that invite you in and keep your attention while you walk and enjoy the day away.

One of my favorite spots in this sweet little town is Doube D's Coffee and Desserts. It's an exceptionally cool double decker bus that has been transformed into a coffee shop. Its brightly painted exterior only reflects the character and ambiance of the interior with even brighter

colors, booth seating and a bird's eye view of the action below from the upper deck. It's parked on Biltmore Avenue and provides a fenced in area for additional seating outside. Like most places downtown, it is dog friendly and visitor friendly with a host of delicious coffees, hot and cold, hot cocoa and delicious pastries. Although there is usually a long line to this sweet treat on wheels, it's worth the wait. It's open seven days a week and this local landmark serves up the very best organic coffees, teas and desserts. Do yourself a favor and make a point to visit this funky little side street treasure.

Another favorite sweet spot is the Asheville Bee Charmer. Its '70s vibe rustic shop on Battery Park Avenue in downtown, is a treat for the eyes, nose and touch with some of the best local honey and honey based products around. "The Asheville Bee Charmer is a locally owned company with a mission of connecting communities by offering customers small-batch, regional-based local and artisan honey as well as promoting artists' unique, one-of-kind, bee-themed wares." You can enjoy everything from bottles of Asheville's best honey around to honey tastings to luscious lotion bars for the skin, lip treatments, shampoos/conditioners and apparel. The staff is friendly and helpful but laid back to allow you to roam the store and let your senses enjoy the visit. Another delicious reason to visit this quaint little town.

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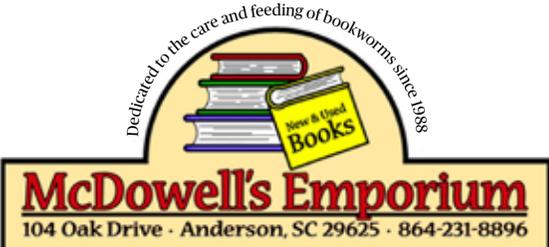
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T.L. HANNA YELLOW JACKETS



By Dan Lacobie

On Friday, November 9th the T. L. Hanna Yellow Jackets faced the Spartanburg Vikings in the first round of the South Carolina high school playoffs. To say the least Hanna showed why their win loss record is 11 - 0. Hanna beat Spartanburg by a score of 56 - 20 to advance to the second round.

As a team, Hanna scored 8 touchdowns, they had 2 passing touchdowns and 6 rushing. Hanna has been extra good in the rushing department this season. Led by #9 Jay Lagroon and #6 Zacch Pickens and #23 Isaiah Norris, with 419 yards, 547 yards and 536 yards respectively.

Passing against the Vikings was a perfect 5 attempts and 5 completions for 2 touchdowns. As usual #1 Alex Meredith led the Jackets in passing but also helped with his legs scoring a rushing touchdown of his own against the Vikings.

Leading the receivers this season with 12 receptions is a very versatile group including #23 Jay Lagroon who has 9 catches for a total of 155 yards. Just behind Lagroon is #12 Erick Lopez with 5 catches and 70 yards of his own.

In the season Hanna has recovered 7 fumbles while only losing 4. They had 11 interceptions throughout the season.

During the playoff game versus the Vikings the Yellow Jackets made 41 tackles which brought up the total for tackles on the year to 541. That's a lot of stops folks, kudos to the Hanna defensive corps.

Leading the defense #6 Zacch Pickens with 65 tackles, 41 solo and 24 assisted should make Gamecock fans real happy to see him next season at Williams-Brice stadium. Just behind Zacch #44 Cameron Chandler has stopped 59 opponents with 26 solo and 33 assisted tackles. #22 Jaydon McKinney has played well this season bringing in 52 tackles of his own.

Hanna's next opponent in round two of the playoffs is Northwestern High School out of Rock Hill on Friday, November 16th.



WESTSIDE RAMS



By Dan Lacobie

The Westside Rams took on the Byrnes Rebels on November 9th in the first round of the high school playoffs.

Unfortunately for the Rams, Byrnes got away with the win by a score of 57 - 14.

The Rams, who got off to a slow start this year, finished the season with a 5 - 6 record. The game started off with Byrnes scoring 14 points in the first quarter. As the 2nd quarter began the Rebels scored on a 40 yard pass play and converted a 2 point play. As the quarter moved on #2 Shedrick Smith scored on a 5 yard run and took the score to 22 - 7.

As the half was coming to a close Byrnes scored on a 70 yard run with the extra point made the score 29 - 7. In the 3rd quarter Byrnes scored on a 1 yard touchdown run and with kick being good the score was then 36 - 7. But Westside was not giving up. #23 Paul Johnson tossed a 10 yard pass and to the score up to 36 - 14.

Byrnes went on to score 3 more times throughout the rest of the game to make the final score 57 - 14.

During the game #2 Smith attempted 16 passes completing 8 for 126 yards. #23 Johnson also had the 1 pass for 10 yards and a touchdown. On the season, Smith tossed the ball for 773 yards and 6 touchdowns.

Elijah Harper had 54 completions with 10 touchdowns and almost 1,100 yards on the year.

Smith being a good dual threat quarterback also led the team in rushing with 43 yards on 17 attempts against the Rebels. Also, #23 Johnson added another 14 yards rushing on 6 attempts.

#26 Kevon Neal also rushed for 14 yards on 3 attempts.

On the receiving end of the ball #8 C.J. Plantin had 1 catch for a team leading 44 yards, #1 Traye Carson caught 3 balls for 35 yards. Also hauling in 1 catch for 35 yards #45 Ty Danzy also had 1 catch for 33 yards.

We wish Westside the best of luck on the upcoming 2019 season.